FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL											
OMB Number: 3235-0											
Estimated average burden											
hours per response:	0.5										

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Baylor-Henry Minnie						2. Issuer Name and Ticker or Trading Symbol Lantheus Holdings, Inc. [ LNTH ]								Relationship heck all appl X Direct	icable) or	ng Per	10% Ov	vner
(Last) (First) (Middle) C/O LANTHEUS HOLDINGS, INC. 331 TREBLE COVE ROAD						3. Date of Earliest Transaction (Month/Day/Year) 05/06/2022								below	r (give title )		Other (s	specify
(Street) NORTH BILLER (City)			01862 (Zip)		- 4. li	4. If Amendment, Date of Original Filed (Month/Day/Year)							ne) X Form Form	idual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da					Execution Date,		Code (Instr. 5)				d Securit Benefic Owned	5. Amount of Securities Beneficially Owned Following Reported		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
								Code	v	Amount	(A) or (D)		Transa	Transaction(s) (Instr. 3 and 4)			(iiiou: 4)	
Common Stock 05/06/2					5/2022	/2022		A		2,180 <sup>(1)</sup> A		\$0.	00 2	2,697		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transacti Code (Ins				6. Date Exercis Expiration Date (Month/Day/Yea		Amount of		of s ng e Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	s B Ily	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisab		xpiration ate	Title	Amount or Number of Shares					
Stock Option (right to buy)	\$64.2	05/06/2022			A		3,616		05/06/202	23 0	5/06/2032	Common Stock	3,616	\$0.00	3,616	5	D	

## **Explanation of Responses:**

1. The restricted stock units cliff vest on May 6, 2023

## Remarks:

/s/ Daniel M. Niedzwiecki, attorney-in-fact

\*\* Signature of Reporting Person Date

05/10/2022

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).