Instruction 1(b).

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
to Section 16. Form 4 or Form 5	
obligations may continue. See	

OMB APPROVAL									
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Heino Mary Anne					2. Issuer Name and Ticker or Trading Symbol Lantheus Holdings, Inc. [LNTH]								Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) C/O LANTHEUS HOLDINGS, INC. 331 TREBLE COVE ROAD					3. Date of Earliest Transaction (Month/Day/Year) 01/03/2022								X		cer (give title C		Other (s below)	Other (specify elow)
(Street) NORTH BILLER (City)	ICA MA		1862 (ip)	4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							. Indivine)	idual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Ye			/ear) E	Execution Da		n Date, Tra		Transaction Dispo		rities Acquired (A) or ed Of (D) (Instr. 3, 4 a		5)	5. Amount of Securities Beneficially Owned Following		Forn (D) c	m: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership	
						[Code	V A	mount	(A) or (D)	Price		Reported (I Transaction(s) (Instr. 3 and 4)		(11150	u. 4)	(Instr. 4)	
Common Stock 01/03/202			22	22			S ⁽¹⁾		14,100	D	\$28.61	108(2)		660,749		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		action (Instr.	n of			Date Exer Diration D Onth/Day/	Amo Secu Unde Deriv Secu	7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4)		ivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	V (A) (D)		Date) Exercisab		Expiration of		Number of						

Explanation of Responses:

- $1. \ The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 10, 2021.$
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$28.435 to \$28.76, inclusive. The reporting person undertakes to provide to Lantheus Holdings, Inc. ("LNTH"), any security holder of LNTH or the staff of the Securities and Exchange Commission ("SEC"), upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote (2) to this Form 4.

Remarks:

/s/ Daniel M. Niedzwiecki, attorney-in-fact

01/05/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.