FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Niedzwiecki Daniel					2. Issuer Name and Ticker or Trading Symbol Lantheus Holdings, Inc. [LNTH]									k all app Direc Office	tor er (give title	ng Per	10% Ov	wner		
(Last) (First) (Middle) C/O LANTHEUS HOLDINGS, INC. 331 TREBLE COVE ROAD						3. Date of Earliest Transaction (Month/Day/Year) 02/28/2022								See Remarks						
(Street) NORTH BILLER			1862		4. If <i>i</i>									6. Indi Line) X	′					
(City)	(5)		<u>'ip)</u>	n-Deriva	tive ⁹	Secui	rities	Δcr	uired	l Die	enosed of	or P	enefi	icially	, Own	ed				
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day)					on 2A. Deemed Execution Date,		auired, Disposed of, or 3. Transaction Code (Instr. 8) 4. Securities Acqu Disposed Of (D) (5)			Acqui	red (A)	or	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
						Code	v	Amount	(A) or (D) Pric		e	Transa	ansaction(s) nstr. 3 and 4)			(111511.4)				
Common Stock 02/28/					022			A		4,099(1)	A	A \$0.00		61,159			D			
Common Stock 03/01/20					022			S ⁽²⁾		2,645	D	\$4	8.037	58,514			D			
		Tal	ole II								osed of, convertib				Owne	d				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		of Deriv Secu Acqu (A) o Dispo	r osed) r. 3, 4	6. Date Exer Expiration D (Month/Day/		ate	7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		Dei Sed (Ins	Price of rivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	ly [C	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exerci	isable	Expiration Date	Title	Amount or Number of Shares	er						

Explanation of Responses:

- 1. The transaction reported in this Form 4 reflects additional shares of common stock issued by the Company to the reporting person upon the vesting of relative Total Shareholder Return performancehas the dataset of the dataset of company to the reporting person upon the vesting of relative rotal shareholder Return personnal based restricted stock units ("PSUs") that were previously granted and included in the Form 3 fled upon the reporting person becoming a Section 16 officer. The number of shares reported in the Form 3 reflected 100% of the target number of shares underlying the PSUs. The number of shares that actually vested under the PSUs equaled 188% of the target number of shares. Accordingly, the number of shares reported in this Form 4 reflects the difference between the number of shares that actually vested under the PSUs and the target number of shares originally included in the Form 3.
- 2. The Company requires certain senior executives to cover tax liabilities resulting from the vesting of their equity awards pursuant to sell-to-cover transactions in compliance with Rule 10b5-1. The transaction reported in this Form 4 was effected in compliance with Rule 10b5-1 to satisfy withholding tax liabilities of the Reporting Person associated with the vesting of restricted stock previously granted and reported on a previously filed Form 4.

Remarks:

Senior Vice President, General Counsel and Corporate Secretary

/s/ Daniel M. Niedzwiecki 03/02/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.