FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| vasilington, D.C. 20049 | Vashington, | D.C. | 20549 | |
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| STATEMENT | ΩE | CHANGES |
|------------|----|---------|
| SIAILMLINI | OF | CHANGES |

IN BENEFICIAL OWNERSHIP

| OMB APPROVAL | | | | | | | | | | |
|--------------------------|-----|--|--|--|--|--|--|--|--|--|
| OMB Number: 3235-0287 | | | | | | | | | | |
| Estimated average burden | | | | | | | | | | |
| hours per response: | 0.5 | | | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| | | | | | | | | | | | | | | _ | | | | | |
|--|---|------------|----------|--------------------------------------|--|---|-------|---|--|--------|-------------------|--|--|--------------------------------------|--|---------------------------------------|----------|------------|--|
| 1. Name and Address of Reporting Person* Baylor-Henry Minnie | | | | | 2. Issuer Name and Ticker or Trading Symbol Lantheus Holdings, Inc. [LNTH] | | | | | | | (Ch | Relationship eck all appli X Directo | cable) | g Per | rson(s) to Is | | | |
| (Last) | (Fi | rst) (| (Middle) | | | 3. Date of Earliest Transaction (Month/Day/Year) 05/11/2023 | | | | | | | | | (give title | | Other (s | | |
| C/O LANTHEUS HOLDINGS, INC. 201 BURLINGTON ROAD, SOUTH BUILDING | | | | 4. If A | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | Individual or Joint/Group Filing (Check Applicable Line) | | | | oplicable | | | |
| (Street) | | | - | | | | | | | | | X Form filed by One Reporting Person Form filed by More than One Reporting | | | | | | | |
| BEDFOI | RD M | A | 01730 | | D | D. la 10k5 4(c) Transaction Latin iii | | | | | | | Person | | | | | | |
| (City) | (S | ate) (| (Zip) | | $ $ $ $ $ $ $ $ | Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Ins | | | | | | | | | | | | | |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | | | |
| 1. Title of Security (Instr. 3) 2. Transact Date (Month/Day) | | | | Execution Date, | | Transaction Dispose Code (Instr. 5) | | rities Acquired (A) o ed Of (D) (Instr. 3, 4 a | | | Benefici Owned | es Forr ially (D) o Following (I) (II | | n: Direct or Indirect nstr. 4) | 7. Nature of Indirect Beneficial Ownership | | | | |
| | | | | | | | | Code | v | Amount | mount (A) or (D) | | Price | Reporte Transac (Instr. 3 | ction(s) | | | (Instr. 4) | |
| Common Stock 05/11/2 | | | /2023 | 2023 | | A | | 2,01 | 2 A \$ | | \$0.0 | 00 4,709 | | | D | | | | |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | Derivative Conversion Date Execution Date, Gecurity or Exercise (Month/Day/Year) if any | | | ransaction of ode (Instr. Derivative | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | | | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership (Instr. 4) | | | |
| | | | | | Code | v | (A) | (D) | Date Exercisab | | xpiration ate | Title | or Nu of | ımber | | | | | |
| Stock Option (right to buy) | \$99.38 | 05/11/2023 | | | A | | 3,798 | | 05/11/2024 | 4 05 | 5/11/2033 | Commoi Stock | 3 | ,798 | \$0.00 | 3,798 | | D | |

Explanation of Responses:

Remarks:

/s/ Eric M. Green, attorney-in-

05/15/2023

fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).