FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	20549
vvasi ii iytori,	D.C.	20349

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average burden									
- 1	hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1					_								_						
1. Name and Address of Reporting Person* Blanchfield Paul						2. Issuer Name and Ticker or Trading Symbol Lantheus Holdings, Inc. [LNTH]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify					
(Last) (First) (Middle)														X below)			below)	specify	
(Last) (First) (Middle) C/O LANTHEUS HOLDINGS, INC.						3. Date of Earliest Transaction (Month/Day/Year) 03/03/2022								Chief Commercial Officer					
331 TREBLE COVE ROAD																			
(Street)						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
NORTH	N/	ΓΛ.	01060											X Form filed by One Reporting Person					
BILLER	ICA IV	IA	01862											Form filed by More than One Reporting Person				rting	
(City)	(S	tate)	(Zip)																
		Tab	le I - No	n-Deriv	vativ	e Se	curities	s Ac	quired	, Dis	sposed o	f, or Be	neficial	ly Owned	I				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					Execution Date,		Transaction Disposed Of Code (Instr.		es Acquired (A) or Of (D) (Instr. 3, 4 and		Benefici Owned	es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership				
										v	Amount	(A) or (D)	Price	Reporte Transac (Instr. 3	ction(s)			(Instr. 4)	
Common Stock 03/03/				/2022	2022		A		20,653(20,653 ⁽¹⁾ A \$		82,	82,573 ⁽²⁾		D				
Common Stock 03/04/2			/2022	2022					3,914	3,914 D \$4		78,659			D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	ed Date,	Date, Transac Code (Ir		5. Number of Derivation Securities Acquires (A) or Dispose of (D) (III	5. Number of Derivative Securities Acquired		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	ıble	Expiration Date	Title	Amount or Number of Shares						
Stock Option (right to buy)	\$49.93	03/03/2022			A		11,776		(4)		03/03/2032	Common Stock	11,776	\$0.00	11,77	6	D		

Explanation of Responses:

- 1. Consists of 6,884 restricted stock units that vest in equal installments over a three-year period and 13,769 Total Shareholder Return performance-based restricted stock units ("PSUs") that cliff vest following a three-year performance period. The amount of PSUs included in this Report reflects the target award, however the ultimate award size can range from 0% to 200% of the target based on the actual performance achieved at the end of the performance period.
- 2. Includes 932 shares and 659 shares acquired under the LNTH employee stock purchase plan on March 16, 2021 and September 23, 2021, respectively.
- 3. The Company requires certain senior executives to cover tax liabilities resulting from the vesting of their equity awards pursuant to sell-to-cover transactions in compliance with Rule 10b5-1. The transactions reported in this Form 4 were effected in compliance with Rule 10b5-1 to satisfy withholding tax liabilities of the Reporting Person associated with the vesting of restricted stock previously granted and reported on a previously filed Form 4.
- 4. The option vests in three equal annual installments beginning on March 3, 2023.

Remarks:

/s/ Daniel M. Niedzwiecki, 03/07/2022 attorney-in-fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.