SEC Form 4	
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Instruction 1(b).

FORM	4
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

	OMB Number:	3235-0287						
Estimated average burden								
	hours per response:	0.5						

11. Nature

of Indirect

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] Heino Mary Anne			2. Issuer Name and Ticker or Trading Symbol Lantheus Holdings, Inc. [LNTH]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
				X	Director	10% Owner				
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)	X	Officer (give title below)	Other (specify below)				
C/O LANTHEUS HOLDINGS, INC.			11/08/2022		President & CEO					
331 TREBLE	COVE ROAI	D								
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line)	vidual or Joint/Group Fil	ing (Check Applicable				
NORTH MA 01862 BILLERICA	MA	MA 01862		X	Form filed by One Re	eporting Person				
				Form filed by More th Person	nan One Reporting					
(City)	(State)	(Zin)								

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired (A) or Transaction Disposed Of (D) (Instr. 3, 4 and 5) 8) 0		isposed Of (D) (Instr. 3, 4 and 5) Securitie Benefici Owned I		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	(1130.4)	(1130.4)
Common Stock	11/08/2022		S ⁽¹⁾		2,000	D	\$ 55.9387 ⁽²⁾	683,683	D	
Common Stock	11/08/2022		S ⁽¹⁾		4,750	D	\$ 56.6558 ⁽³⁾	678,933	D	
Common Stock	11/08/2022		S ⁽¹⁾		4,884	D	\$ 57.8563 ⁽⁴⁾	674,049	D	
Common Stock	11/08/2022		S ⁽¹⁾		1,516	D	\$58.577 ⁽⁵⁾	672,533	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

3. Transaction 3A. Deemed 5. Number 6. Date Exercisable and 7. Title and 8. Price of 9. Number of 10. Derivative Conversion Expiration Date Date Execution Date Transaction of Amount of Derivative derivative Ownership

(Instr.	(Monunbay) real)	(Month/Day/Year)	8)		Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Securities Acquired (A) or Disposed of (D) (Instr. 3, 4		Deriv	rlying ative rity (Instr.	(Instr. 5)	Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
			Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					

Explanation of Responses:

1. Title of

2

1. The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 11, 2022.

2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$55.36 to \$56.33, inclusive. The reporting person undertakes to provide to Lantheus Holdings, Inc., ("LNTH"), any security holder of LNTH, or the staff of the Securities and Exchange Commission ("SEC"), upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote (2) to this Form 4.

3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$56.36 to \$57.31, inclusive. The reporting person undertakes to provide to LNTH, any security holder of LNTH, or the staff of the SEC, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote (3) to this Form 4.

4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$57.36 to \$58.35, inclusive. The reporting person undertakes to provide to LNTH, any security holder of LNTH, or the staff of the SEC, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote (4) to this Form 4.

5. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$58.38 to \$58.97, inclusive. The reporting person undertakes to provide to LNTH, any security holder of LNTH, or the staff of the SEC, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote (5) to this Form 4.

Remarks:

/s/ Eric M. Green, attorney-in-11/10/2022

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** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.