FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
vvasilington,	D.C.	20040

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

washington, D.C. 2052

	OMB APPROVAL							
	OMB Number: 3235-0287							
$\ $	Estimated average burden							
	hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Sabens Andrea				2. Issuer Name <b>and</b> Ticker or Trading Symbol Lantheus Holdings, Inc. [ LNTH ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  Officer (give title Other (specify						
(Last)	(Fir	,	/liddle)		3. Date of Earliest Transaction (Month/Day/Year) 11/13/2023									X	belov	Officer (give title below)  Chief Accou		below)	specify
C/O LANTHEUS HOLDINGS, INC. 201 BURLINGTON ROAD, SOUTH BLDG					4. If Amendment, Date of Original Filed (Month/Day/Year)								)	6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) BEDFO	RD M	A 0	1730										X Form filed by One Reporting Pers Form filed by More than One Rep Person						
(City)	(Sta	ate) (Z	(ip)		Rule 10b5-1(c) Transaction Indication  X Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.											ended to			
		Table	I - No	n-Deriva	tive S	Secui	rities	Acq	uired,	Dis	posed of	, or E	Benefi	cially	/ Own	ed			
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day					Execution Da		Oate,	Transaction Disposed (Code (Instr. 5)		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)		uired (A) Instr. 3, 4	or 1 and	Securit Benefic Owned	Securities For Beneficially (D)		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
										(A) (D)	or Pri	ce	Transa						
Common Stock 11/13/2				2023		S <sup>(1)</sup>		341		\$6	53.57	59	59,426		D				
		Tal									osed of, convertib				Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	xercise (Month/Day/Year) if any Code (e of vative (Month/Day/Year) 8)		Instr.	5. Number of Expiration Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			ion Da /Day/Y	Securities Underlying Derivative Security (Ins 3 and 4)  Amou or Numb of		unt of rities rlying ative rity (Inst 4)  Amoul or Number of	De Sei (In:	Price of rivative curity str. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

## Explanation of Responses:

1. The transaction reported in this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 11, 2023.

/s/ Eric M. Green, attorney-in-

<u>fact</u>

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.