FORM 4

Check this box if no longer subject

to Section 16. Form 4 or Form 5 obligations may continue. See

Instruction 1(b).

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

STATEMENT OF	CHANGES	IN BENEFICIAL	OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar		Reporting Person*									Symbol LNTH ]				heck all ap Dire	ip of Reporti plicable) ctor cer (give title		erson(s) to Is 10% O Other (s	wner
	(Fir NTHEUS H BLE COVI	OLDINGS, INC	Middle)			te of E 0/202		Trans	action (	Month	/Day/Year)				beid	w) iior Vice Pi	reside	below) ent, Qualit	y
(Street) NORTH BILLER (City)	M.		1862 Zip)		4. If A	Amend	ment,	Date o	f Origin	al File	d (Month/Da	y/Yeaı	r)	6. Lir	ne) X For	or Joint/Grou m filed by On m filed by Mo son	ie Rep	porting Pers	on
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired	, Dis	posed of	, or I	Ben	eficia	ally Ow	ned			
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day			Execution Date,		3. Transaction Code (Instr. 8)  4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)			(A) or 3, 4 an	d Secui Bene	ties Fo cially (D I Following (I)	Forn (D) (	5. Ownership Form: Direct D) or Indirect I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership						
									Code	v	Amount	(A) (D)		Price	Trans	action(s) 3 and 4)			(Instr. 4)
Common Stock 03/30/2			2022			S <sup>(1)</sup>		15,000	Ι	)	\$ <mark>56</mark>	.22 64,899			D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed ion Date, //Day/Year)	4. Transa Code ( 8)		5. Nu of Deriv Secu Acqu (A) o Dispo of (D) (Instr and 5	rities ired r osed ) : 3, 4	6. Date	tion Da		7. Tit Amo Secu Unde Deriv Secu 3 and	unt o rities erlyin vative rity (I d 4)	f J	8. Price of Derivative Security (Instr. 5)		ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

## **Explanation of Responses:**

1. The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on February 28, 2022.

## Remarks:

/s/ Daniel M. Niedzwiecki, attorney-in-fact

04/01/2022

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.