Form 144 Filer Information

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information		
Filer CIK	0001899167	
Filer CCC	XXXXXXX	
Is this a LIVE or TEST Filing?	● LIVE □ TEST	
Submission Contact Information		
Name		
Phone		
E-Mail Address		
144: Issuer Information		
Name of Issuer	Lantheus Holdings, Inc.	
SEC File Number	001-36569	
Address of Issuer	331 TREBLE COVE ROAD NORTH BILLERICA MASSACHUSETTS	
	01862	
Phone	978 671-8001	
Name of Person for Whose Account the Securities are To Be Sold	Yao Ying Vivian	
are to be sold but also as to all other person	(a) of Rule 144. Information is to be given not only as to the person for whose account the securities ns included in that definition. In addition, information shall be given as to sales by all persons whose 144 to be aggregated with sales for the account of the person filing this notice.	
Relationship to Issuer	Officer	
144: Securities Information		
Title of the Class of Securities To Be Sold	Common	
Name and Address of the Broker	Fidelity Brokerage Services LLC 900 Salem Street Smithfield RI 02917	
Number of Shares or Other Units To Be Sold	2412	
Aggregate Market Value	183312.00	
Number of Shares or Other Units Outstanding	67540065	
Approximate Date of Sale	03/08/2023	
Name the Securities Exchange	NASDAQ	
Euraigh the following information with	t to the appropriation of the appropriation to be cold and with respect to the neumant of all or any part of th	

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold		
Title of the Class	Common	
Date you Acquired	01/18/2023	
Nature of Acquisition Transaction	Restricted Stock Vesting	

Name of Person from Whom Acquired	Issuer	
Is this a Gift?	Checkbox not checked	
Amount of Securities Acquired	2412	
Date of Payment	01/18/2023	
Nature of Payment	Compensation	
If the securities were purchased and full pay	nent therefor was not made in cash at the time of purchase, explain in the table or in a note thereto	the

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months		
Nothing to Report		
144: Remarks and Signature		
Remarks		

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature /s/ Lisa Gerard, as a duly authorized representative of Fidelity Brokerage Services LLC, as attorney-in-fact for Ying Yao

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)