UNITED STATES

Form 144 Filer Information SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Form 144

|  |  |  |
| --- | --- | --- |
| FORM 144 | NOTICE OF PROPOSED SALE OF SECURITIES |  |
|  |  |
|  | PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933 |  |

**144: Filer Information**

Filer CIK 0001610676

Filer CCC XXXXXXXX

Is this a LIVE or TEST Filing?  LIVE  TEST

***Submission Contact Information***

Name

Phone

E-Mail Address

**144: Issuer Information**

Name of Issuer

SEC File Number

Address of Issuer

Phone

Name of Person for Whose Account the Securities are To Be Sold

Lantheus Holdings, Inc.

001-36569

331 TREBLE COVE ROAD

NORTH BILLERICA

MASSACHUSETTS

01862

1. 671-8001

Heino Mary Anne

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Officer

Relationship to Issuer Director

**144: Securities Information**

|  |  |  |
| --- | --- | --- |
| **Title of the Class of** | **Name and Address of** |  |
| **Securities To Be Sold** | **the Broker** |  |
|  | Fidelity Brokerage |  |
| Common | Services LLC |  |
| 900 Salem Street |  |
|  |  |
|  | Smithfield RI 02917 |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Number of** |  | **Number of** |  | **Name the** |  |
| **Shares or** | **Aggregate** | **Shares or** | **Approximate** |  |
| **Securities** |  |
| **Other Units Market Value Other Units** | | | **Date of Sale** |  |
| **Exchange** |  |
| **To Be Sold** |  | **Outstanding** |  |  |
|  |  |  |  |
| 44484 | 3608986.92 | 67540065 | 03/27/2023 NASDAQ | |  |

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

**144: Securities To Be Sold**

**Title of the Date you** **Nature of** **Name of** **Is** **Date** **Amount of Date of** **Nature of**

**Class** **Acquired** **Acquisition** **Person from this Donor** **Securities Payment** **Payment \***

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | **Transaction** | **Whom** | **a Acquired Acquired** |  |  |
|  |  |  | **Acquired** | **Gift?** |  |  |
| Common | 03/27/2023 | Option Granted | Issuer | 38924 | 03/27/2023 Cash |  |
| 04/15/2013 |  |
| Common | 03/27/2023 | Option Granted | Issuer | 5560 | 03/27/2023 Cash |  |
| 06/25/2015 |  |



* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

**144: Securities Sold During The Past 3 Months**

Nothing to Report 

**144: Remarks and Signature**

Remarks

Date of Notice

Date of Plan Adoption or Giving of Instruction, If Relying on Rule 10b5-1

***ATTENTION:***

03/27/2023

02/24/2023

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

|  |  |  |
| --- | --- | --- |
| Signature | /s/ Jennifer Ruchti, as a duly authorized representative of Fidelity Brokerage |  |
| Services LLC, as attorney-in-fact for Mary Anne Heino |  |
|  |  |

***ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)***